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| Activity 5.5 – Pause & Process  *Develop a Time Out from Reinforcement Procedure*  *Workbook* |

* Select a target behavior.

**Target Behavior: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

* Develop an operational definition.

**Operational Definition:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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* Identify the type of reinforcement that currently maintains the behavior.

**Reinforcement Details:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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* Develop a **Time Out from Reinforcement Procedure:**
  + What will you do when the behavior occurs?
  + How will you acknowledge other appropriate behaviors?
  + What will you do if/when an extinction burst occurs?

**Time-Out from Reinforcement Procedure:**

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