

Family Access Center of Excellence (FACE) of Boone County MO

School Based Services Toolkit



New information on the use of ODRs in Behavior Screening

- Great article on the **use of ODRs in behavior screening** in schools by the National Center on Intensive Intervention (NCII) and the Center on PBIS.
- <https://intensiveintervention.org/resource/Using-ODRs-Behavior-Screening>

Trauma Specific Screeners---some examples

- **Cognitive Behavioral Intervention for Trauma in Schools (CBITS)**
 - <https://cbitsprogram.org/forms>
- The **Trauma Symptom Checklist for Children (TSCC)** has been identified as a key assessment strategy to help evaluate acute and chronic posttraumatic symptoms in children aged 8-16
 - [Trauma Symptom Checklist for Children](#)
- For children aged 5-7, the **Trauma Symptom Checklist for Young Children (TSCYC)**.
 - [Trauma Symptom Checklist for Young Children](#)
 - standardized and normed approach in measuring trauma exposure (e.g. child abuse, peer assault, community violence)
 - administered by trained professionals,
 - specific parent consent required

Students who indicate high Internalizing risk

- We do 1-1 check ins with students who indicate risk/high risk in Internalizing concerns
 - Our sample script for use with students:
 - <https://docs.google.com/document/d/1wxQJQfcXZ6U4WwXHh-eO-tNB2FvIWTkKQZjGfw7shC0/edit?usp=sharing>
 - Our sample scripts for use with parents:
 - <https://docs.google.com/document/d/182nXpKrL7IDoE5EfCXaj75GOWJYvykjZThrCIGImOFU/edit?usp=sharing>
 - Our program evaluation results indicate that this is an **effective tool to support students** even when compared to an intervention to address concerns.
- Make sure to initiate a **suicide risk assessment protocol** if student discloses suicidal ideation
- We use the Columbia Lighthouse Project <https://cssrs.columbia.edu/>.

Easy and Free Pre-Post Assessment for Internalizing Problems

Did the intervention work?

- We commonly use the Revised Children's Anxiety and Depression (RCADS) for pre-post assessments for internalizing concerns
 - Scale: https://novopsych.com.au/wp-content/uploads/2020/07/rcads-child_PDF.pdf
 - With scoring information: <https://www.corc.uk.net/outcome-experience-measures/revised-childrens-anxiety-and-depression-scale-and-subscales/>
- Sensitive to change in student mood
- Good measurement tool

Direct Behavior Rating (DBR) involves rating behavior following a specified observation period and then sharing that information to inform decisions. <https://dbr.education.uconn.edu/assessment/>

- DBR is flexible for use across assessment, communication and intervention purposes
- DBR is efficient--ratings are simple and quick for staff to complete
- DBR is **repeatable for use in progress monitoring** assessment
- DBR is defensible given increasing evidence of technical adequacy screening and progress monitoring assessment

- Pro Tip: we use Outlook or a scheduling app (e.g., Boomerang) to schedule just in time delivery of the DBR to the teacher's inbox

- Engaging in “threat assessment” or determining potential is a **different process than the screening for risk factors** associated with adjustment problems in students.
- This type of assessment should be implemented by trained professionals.
 - **Comprehensive School Threat Assessment Guidelines (CSTAG) formerly known as the Virginia School Threat Assessment Guidelines (VSTAG):**
 - <https://www.schoolta.com/>
 - <https://curry.virginia.edu/faculty-research/centers-labs-projects/research-labs/youth-violence-project/virginia-student-threat>

Threat Assessment

Family-led Wraparound Process (Interagency Committee)

- Top Problems Assessment:
- https://weizlab.fas.harvard.edu/files/jweisz/files/top_problems_assessment_manual_09.11.18.pdf

Other Supports for Teachers, Families

- Missouri Prevention Science Institute (MPSI)
 - <http://moprevention.org/>
- Evidence Based Intervention Network
 - <https://ebi.missouri.edu/>
- Classroom Management Tips:
 - https://docs.google.com/document/d/1SOr3Rd_8s-VKaISvgq2ni5-qTL_Jq5lag2Nj8oq0dJA/edit?usp=sharing
- Classroom Check-Up site:
 - <https://www.classroomcheckup.org/>

Helpful Resources

- **Psychological First Aid and Skills for Recovery**
 - <https://www.nctsn.org/treatments-and-practices/psychological-first-aid-and-skills-for-psychological-recovery/about-pfa>
- **Substance Abuse and Mental Health Services Administration (SAMHSA)**
 - Excellent, step by step guide for setting up a behavioral screening program
 - Ready, Set, Go, Review: Screening for Behavioral Health Risk in Schools
 - https://www.samhsa.gov/sites/default/files/ready_set_go_review_mh_screening_in_schools_508.pdf